



March is National Developmental Disabilities Awareness Month - We are here: Now, Then and Always!

This month, we recognize Developmental Disabilities Awareness Month and the 2026 theme reminding us that people with disabilities are vital members of our communities—today and every day. It's a time to reflect on how far we've come and the opportunities that lie ahead.

As Jill Jacobs, Executive Director of the National Association of Councils on Developmental Disabilities, notes, people with intellectual and developmental disabilities "have always been here and are a part of the fabric of our nation." This month reinforces that inclusion is ongoing work, not a one-time event.

NOW: People with disabilities are living full, self-directed lives including working, volunteering, parenting, and contributing to their communities.

THEN: Many individuals with developmental disabilities were segregated or excluded.

ALWAYS: A future where true community inclusion is expected, supported, and fully funded.

How You Can Participate

Educate & Raise Awareness

- Learn about developmental disabilities and the experiences of individuals and families.
- Use People-First language and promote respectful communication.

Engage in Community Support

- Volunteer or donate to organizations supporting individuals with disabilities.
- Support inclusive employers and participate in community events that celebrate belonging.

Advocate for Inclusion

- Support policies that expand accessibility and equal opportunities.
- Encourage accessible meetings and events.

CCRES Connections



FMFCU Adult Financial Education Workshops March 2026



FMFCU free workshops are led by Certified Personal Financial Educators and developed specifically for young adults, working adults, and adults age 45+. Register for an upcoming session today with the link below to learn more this month about **budgeting, mortgage tips and fraud protection**.

[April Workshop Schedule](#)

CCRES Employee Assistance Program (EAP)

CCRES is committed to supporting the health and well-being of every employee. As part of that commitment, our **Employee Assistance Program (EAP)** through **Uprise Health** is available to you and your household members at no cost.

The EAP provides confidential support for life's challenges — including stress, emotional well-being, financial concerns, legal questions, and work-life resources. This benefit is available to all employees, regardless of medical plan enrollment.

This month's focus is **Health Equity** — understanding what it means and why it matters.

[Learn More about Health Equity](#)

[Learn More about Kids Health Equity](#)

We believe everyone should have fair and easy access to support when they need it. The EAP helps remove barriers by offering free, private services that are simple to access.

You can contact Uprise Health EAP at:

www.members.uprisehealth.com

Code: CCRES

or 800-395-1616



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