

# CCRES CORNER

## MAKING A DIFFERENCE EVERY DAY!

### CCRES BOARD OF DIRECTORS

Chairperson:

Mr. Leon Spencer

Vice Chairperson:

Mr. Robert DiSciullo

Treasurer:

Mr. Timothy Umbreit

Secretary:

Ms. Sharon King\*

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- Dr. Thomas Carey
- Dr. Anthony Costello
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- Mr. Michael Grigalonis
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- Mr. Stan Schuck
- Mr. John Snyder
- Mr. Drew Stanley
- Dr. Angela Tekely
- Mr. Steve Todaro

\*non-voting members

### CCRES Human Resources and Administrative Team

**We are here for you!**  
**Hours: Monday- Friday / 8am -4:30pm**

- Executive Director: Michael Kelly
- Office Manager: Sharon King
- Director of HR: Joe Vaillancourt
- HR Manager: Keara Cosgrave
- Director of Finance: Chrisi Lockwood
- Accountant: Pattie Richards
- Payroll and Benefits Coordinator: Kara Davidson
- Coordinator of Business Development: Jennifer Hernandez
- Coordinator of Recruitment: Thuy Yancey
- HR Recruiter: Mercy Alex
- HR Recruiter: Kathy Benigni
- HR Recruiter: Ashley Burke
- HR Recruiter: Amanda Chappell
- HR Recruiter: Allison Kalemjian
- HR Recruiter: Nick Loschiavo
- HR Recruiter: Kristen Rosen
- HR Recruiter: Kerri White
- HR Admin: Lori Edwards
- HR Admin: Alyssa McKenzie
- HR Admin: Jessica Skarren
- HR Admin: Taryn Sutch
- HR Admin: Jean Talucci
- HR Admin: Millie Monroe
- Educational Specialist : Rick Dunlap



# CCRES IS HIRING!!



**Refer your friends - Earn some cash!!**

**\$500:**

**BHT & RBT**

**on assignment with H&CS**

**\$1,000:**

**BA, BC-ABA, MT-L**

**on assignment with H&CS**

**\$200:**

**Paraprofessionals**

**on assignment with BASD**

**BCBA and BC**

**on assignment with ACS**

**DSPs**

**on assignment with Achieve**

**\$100:**

**Staff referral bonus for all other positions**

In all programs, CCRES staff are paid once their referral earns their first paycheck with client service hours.

\*Referral bonus promo for H&CS providers effective 5/8/23.

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## CCRES Milestone Recipients

### 5 years

Shirley H.      Kristine F.  
Alie K.          Sandra S.  
Hikmat S.      Gabrielle M.  
Emily S.        Alice G.  
Yuanqing Y.

### 10 years

Anne D.

### 15 years

Pamela J.  
Erin H.

### 20 years

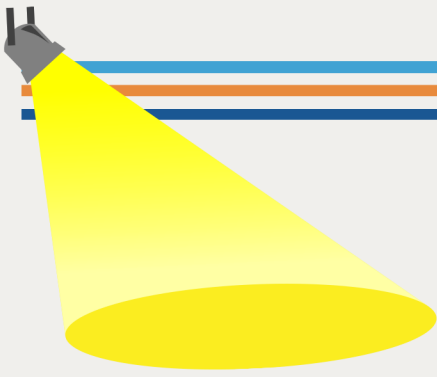
Mary L.



## CCRES Perks & Benefits

- Medical Benefits for employees working 30+ hours per week
- Collegiate partnerships
- Referral bonuses
- Payroll raffles
- 403b Retirement plan with 3% match
- FREE employee Assistance Program (EAP)
- \$500 bonus for W2 Employee 5 year Milestones

**[\\*Visit ccres.org for more details](http://ccres.org)**



# CCRES SPOTLIGHT

## **Tamill (Millie) Monroe - HR Administrative Staff**

Millie joined the CCRES team as a PCA 2 years ago and just started as a Human Resources Administrator in the administrative office. She was born and raised in Coatesville, PA and is a Coatesville Area High School graduate. Prior to joining CCRES, Millie worked as a CNA at multiple nursing homes and hospitals. She continues to work as a CNA when not at CCRES. She loves to help others better themselves in any way she can. In her free time, Millie loves to listen to music, drive, walk her dogs, and spend as much time as possible with her children and family members.

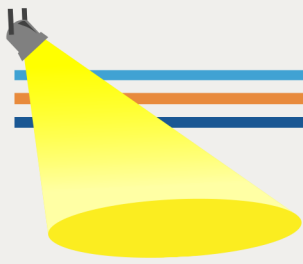


## **Ashley Burke -HR Recruiter**



Ashley joined CCRES in June 2023 and has been recruiting since 2021. She is a Penn State alumna with a degree in Human Development & Family Studies, and a minor in Labor & Employment Relations. Prior to recruiting, she worked in technology sales helping companies to modernize the way they do their work.

Ashley truly loves making a positive impact and helping others reach their career goals. When she's not recruiting, she can be found practicing kickboxing and Jiu Jitsu, occasionally teaching kickboxing classes for both children and adults. Her other hobbies include gardening, knitting, decorating cakes, and baking various treats for her friends and family.



# CCRES SPOTLIGHT

## Jessica Skarren - HR Administrative Staff



Jessica joined CCRES in an HR Administrative Support position in 2023. Prior to joining CCRES, Jessica was a Registered Behavior Technician providing support to clients in the school, home, and community setting. Jessica enjoyed providing direct support for both her clients and their families and now can further this process in an indirect way by supporting staff to promote progress and success for client needs. She truly enjoys helping people find the next step in their careers and speaking with new people every day! Jessica is a graduate of Penn State University with a degree in Human Development and Family Studies. In her free time, Jessica enjoys spending time with her friends and family (especially her dog (Scrappy)), taking beach trips, and participating in CrossFit. She is excited to start her new journey with the CCRES family!



## Kara Davidson - promoted to Payroll and Benefits Coordinator!



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# MAKING MEMORIES WITH MERCY

Summer memories come and go so quickly.

Here is one craft using pressed flowers that anyone in the family can make together using supplies we have around or can be found in the dollar store.

Finding flowers and pressing them yourselves is a fun task and makes it even more personal.

Happy summer memories!

## Materials:

- Glass jar/mason jar (Straight/smooth sided)
- Pressed flowers
- Mod Podge (Matte)
- 4 feet Twine
- Tealight (or votive)

## Equipment:

- Paintbrush



## Instructions:

### Step 1: Add pressed flowers to jar

- Paint a small area of the outside of the jar with a thin layer of Mod Podge.
- It's best to work in small areas, as the Mod Podge starts to dry very quickly.
- Press a dried flower onto the mod podge.
- Cover the flower with another layer of Mod Podge.
- If the flower has layered petals, you may need to "glue" the top petal to the one beneath it with mod podge. This will ensure the flower sticks properly

Repeat these steps, covering as much of the jar as you like with pressed flowers.

Once all the flowers have been placed on the jar, let the Mod Podge dry for five minutes. Cover the entire jar with a thin layer of Mod Podge. This will ensure all the flowers stick, and it creates an even texture for any glass that's showing on the lantern.

### Step 2: Tie the twine

- Starting from the centre of the twine, loop it around the mouth of the jar several times. Make a knot and then tie a bow out of the remaining twine.

Step 3: Add a candle and light it to see your lantern glow.

# ACTIVITIES WITH AMANDA



## CHESTER COUNTY

### KIMBERTON FAIR

WHERE: 762 PIKE SPRINGS RD. PHOENIXVILLE, PA

WHEN: JULY 24TH-JULY 29TH.

OPENS MON-FRI AT 6P & SAT AT 4P.

WHAT: FREE ADMISSION WITH DONATION-BASED PARKING.

THE KIMBERTON FAIR OFFERS CARNIVAL RIDES, LIVESTOCK SHOWS, MUSIC ENTERTAINMENT, FAIR FOOD, A DONUT KITCHEN, BEER GARDEN AND RAFFLES.

## LANCASTER COUNTY

### TURKEY HILL EXPERIENCE

WHERE: 301 LINDEN ST. COLUMBIA, PA

WHEN: TUESDAY - SUNDAY, 10:30A-3:30P

WHAT: ENORMOUS CENTER EXPLORING ICE CREAM & ICED TEA MAKING VIA INTERACTIVE ACTIVITIES. YOU CAN SAMPLE ICE CREAMS, BAG YOUR OWN TEA LEAVES, MILK THE MECHANICAL COW, AND SIT INSIDE OF A DAIRY TRUCK.



## MONTGOMERY COUNTY

### LEGOLAND DISCOVERY CENTER

WHERE: PLYMOUTH MEETING MALL,  
1055 500 W GERMANTOWN PIKE,  
PLYMOUTH MEETING, PA.

WHEN: OPEN 7 DAYS A WEEK  
WHAT: LEGO BUILT ENVIRONMENT,  
PLUS GAMES AND MODELS AND  
CHARACTERS RELATED TO LEGO.

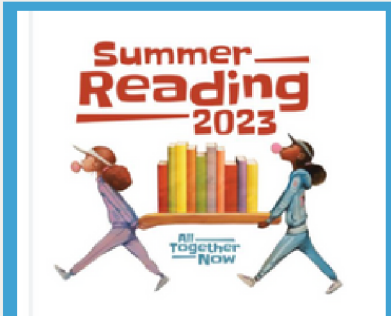




# READING WITH ROSEN

As the end of the school year arrives, children, families, teachers, and CCRES staff celebrate the arrival of some much needed and deserved down time! However, the “summer slide” is all too real! It's believed that children lose one month of learning over the summer. To combat the slide, most schools have summer reading programs - required and some recommended. While some children relish the idea of extra time to dive into books of their choosing, for others reading may seem like a chore, especially in the summer which they see as their time off from school (and reading).

Motivating children to read in the summer doesn't have to be a battle of wills. Instead, it can be a family activity. One effective and easy way to encourage children to read is to let them see you reading. Take advantage of the monkey see, monkey do theory and dive into your own summer reading list!



Children can participate in library and bookstore summer reading programs! Barnes and Noble promises a free book to children in grades 1-6 who read eight books this summer and complete and return their reading journal between 7/1 and 8/31. The public library systems in our area offer prizes for completed summer reading programs. Some prizes include restaurant coupons, movie passes, raffle baskets, and free admission to community events.

Delaware County Public Library summer reading participants can enjoy an end of summer celebration at Rose Tree Park on August 23rd 10am-12pm. Make sure to register on their website! Check out your local library's website to learn more about the program in your county.





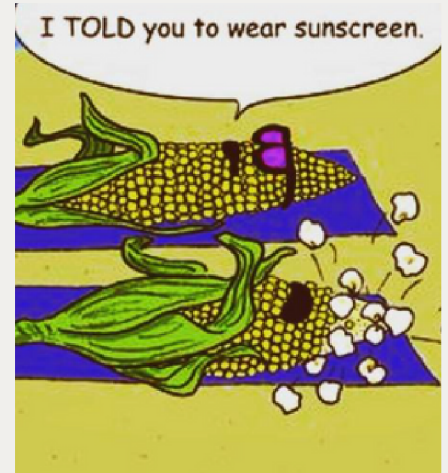


# KRACKIN' UP WITH KATHY



**Why didn't the sun go to college?**  
- Because it already has a million degrees.

**What did the dolphin say to the killer whales?**  
- Let's find your porpoise.



**Where do sharks go to summer camp?**  
- Finland.



# KERRI'S KITCHEN

## CORN AVOCADO SALAD

### INGREDIENTS

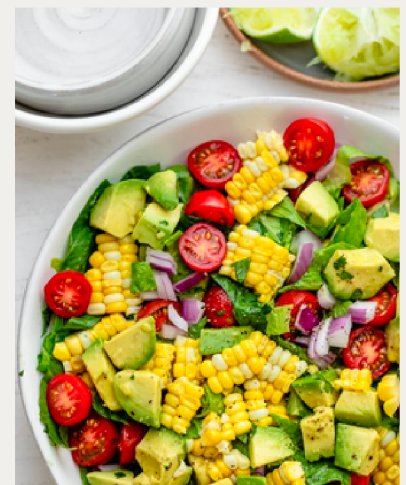
- 1 cup romaine lettuce chopped (optional)
- 2 ears corn or about 1 1/2 cups
- 1 pint cherry tomatoes halved
- 1 avocado diced into 1/2-inch pieces
- 2 tablespoons red onion finely diced
- 2 tablespoons olive oil
- 1 tablespoon fresh lime juice
- 2 tablespoons fresh cilantro chopped
- 1/4 teaspoon salt
- 1/4 teaspoon black pepper

### INSTRUCTIONS

Combine the corn, avocado, tomatoes and onion. In a large glass bowl, mix together the dressing ingredients in a glass bowl. Pour over the salad and toss gently to mix.

**Storage:** Store any leftovers in an airtight container. They will last about 24 hours in the fridge, specifically because of the avocados.

**Substitutes:** For best results, follow the recipe as is. Since it's a salad though, the ingredients and measurements are just guidelines, so feel free to adjust to your taste.



### NUTRITION

Calories: 208kcal, Carbohydrates: 19g, Protein: 4g, Fat: 15g, Saturated Fat: 2g, Sodium: 170mg, Potassium: 652mg, Fiber: 5g, Sugar: 7g, Vitamin A: 1775IU, Vitamin C: 37mg, Calcium: 23mg, Iron: 1.4mg

Nutrition information provided is an estimate. It will vary based on cooking method and specific ingredients used.



# KINDNESS WITH KALEMJIAN



## Summer of Kindness Bucket List:

1. Offer to mow your neighbors lawn
2. Run or walk for a cause you care about
3. Volunteer to cook a meal at a shelter
4. Buy an extra set of school supplies to donate to a family in need
5. Host a car wash or garage sale for a cause



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# COLLEGIATE PARTNERSHIPS

CCRES is committed to you and your professional development.

We currently partner with seven institutions to provide discounted tuition for individuals interested in advancing their career or just learning more (and some family discounts as well). Check out the details on the website for the institutions below. If you have questions, please reach out to us!



CAPELLA UNIVERSITY



ALVERNIA  
UNIVERSITY



Elizabethtown College



*Florida Institute  
of Technology*



SAINT JOSEPH'S  
UNIVERSITY



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# LOUNGING WITH LOSCHIAVO

## Guardians of the Galaxy Vol. 3: Movie Review



This is the last hurrah for our lovable goofballs in space! Or is it? The newest entry into the Marvel Cinematic Universe has gotten things back on track after losing its footing after *Spiderman: No Way Home*. The wrap up to the Guardians of the Galaxy trilogy is funny, heartfelt, action packed, and will surprisingly tug on your heartstrings.

This is our no spoiler's synopsis! The Guardians have made their home on the planet of Knowhere. Things are a little bleak for the Guardians after the events of *Avengers: Endgame*. Our loveable rodent Rocket Raccoon is severely depressed and doesn't know his place amongst his makeshift family. From the sky a new threat named Adam Warlock crashes in and attacks Rocket, mortally wounding him. The Guardians fight Warlock off and now must save Rocket before it is too late! In the story of saving Rocket, we find out about his backstory and his connection to a villain known as the High Evolutionary. Can our band of heroes save Rocket in time before he takes his last breath?

I thought this was a truly great conclusion to the Guardians of the Galaxy trilogy. This movie contained all the laughs that you'd expect from a Marvel movie, but it also stepped outside the box and did something that Marvel rarely does. This movie got serious. Usually, Marvel saves its serious moments for "event" stories like the Avengers movies. The story they told this time included family connections, loss, and mental health themes like depression. One of the biggest shocks to audiences was the heavy time spent on Rocket Raccoon's backstory and how came to be who he is. This includes scenes of animal cruelty that may upset some viewers. The writer/director James Gunn works magic by crafting a story that includes all of the fun of the Guardians movies while pulling at your heartstrings by showing family is more than bloodlines. Only a well told story can make you tear up over the relationship between CGI animals and a tree.

Marvel Studios has had a rough go of it lately with too much content being put out and not enough thought put into characters and plotlines like their movies of old. Guardians of the Galaxy Vol 3 is the final entry into one of the best trilogies of the last 30 years. Say what you want about superhero fatigue, but the Guardians of the Galaxy trilogy had a well thought out story and memorable characters. This is a movie that the whole family can enjoy. I give it 5 "I am Groots" out of 5.

# THUY'S TIPS



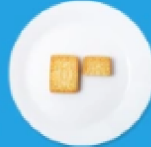
## 100 CALS



1/5 jacket potato and beans



1/3 portion McDonald's fries



1.5 custard creams



1.5 streaky bacon rashers



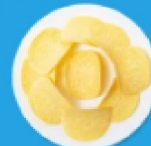
Two Jaffa Cakes



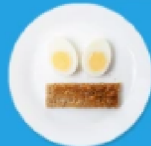
One Twix finger



3 tbsp hummus, 16 veg sticks



Ten Pringles



A boiled egg and a soldier



1/3 Greggs sausage roll



One small roast potato



2.5 Dairylea triangles



One Weetabix and 75ml semi-skimmed milk



7.5 slices of wafer thin ham

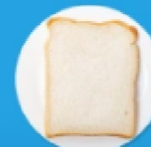


Half a full-fat Costa latte



Whole 24g pack of Twiglets

Seven Fruit Pastilles



A slice of white bread

*What does 100 calories worth of your favorite snack look like?*

# CCRES DIVERSITY STATEMENT

Together we do good things:

CCRES is guided by our mission and Core Beliefs/Values which drive us to make a difference, every day. We support individuals in reaching their full potential in their careers and daily lives. We respect, appreciate, and value each unique person and honor their authentic self. Our commitment to these principles strengthens our organization and connection to the communities we serve. #WeDoGoodThings



***Any way you say it...you deserve a BIG THANK YOU!***

## **CCRES TEAM MEMBERS,**

***Please accept our heartfelt thank you for all that you do to support our clients, each and every day. You inspire, teach, and bring hope to children, adults, and their families. You make a difference every day and we could not do this without you! Keep up the great work and keep changing lives.***

### **From the CCRES Administrative Team**

*Kerri White, Jarlyn S. Sutek, J. Appell, Jennifer, Keana Cosgrave, Sharon R. King, Alyssa Medley, Katelyn Bonigni, Christa Lockwood, Jean M. Salucci, DuVallman, Thuy Phuong, Kelsey, Kara Davidson, Kirsten M. Ross, Anna Kimpton, Ashley Burke, Lorie Libonati, Mary Ann, Jessica Skarren, Nicholas Latta, Tarnett Monnet*



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