

Contact Information

Medical

Options Plus Plans - Administered via SBMA

For eligibility questions (888) 505-7724

SBMA Customer Service Questions:

800-457-1403

To find a network provider:

www.Multiplan.com and select:

1. Find a Provider
2. Select Network
3. **PHCS**
4. Specific Services
5. Enter your zip code
6. Type by (name, specialty, facility type)
7. Click the Search Icon

Prescription

Smith Rx

(844) 454-5201

www.mysmithrx.com to locate a participating pharmacy

MEC Companion Card

www.WellCardSavings.com and select:

1. "Click Here to Register"
2. Group ID: MECPLUS
3. Fill out your information
4. Click Save, Text, or Email card

Telemedicine & Behavioral Health

WellVia

(855) 373-7450 call to activate your account

www.wellviasolutions.com for more info

Dental

Delta Dental of PA

(800) 932-0783

www.deltadentalins.com to find a provider or create an account

Accident / Critical Illness / Hospital

Symetra Life Insurance Company

www.symetra.com

For general questions: (800) 796-3872

For claims: (800) 497-3699

Contact us Monday through Friday, 6 am to 4:30 pm PT & 9 am to 7:30 pm ET

Vision

VBA

1 (800) 432-4966

Option 1 or 2

www.vbaplans.com

Term Life & Short Term Disability

Symetra Life Insurance Company

www.symetra.com

For general questions: (800) 796-3872

For claims: (800) 377-6773

Contact us Monday through Friday, 6 am to 4:30 pm PT & 9 am to 7:30 pm ET