

CCRES CORNER

Educational & Behavioral Health Services

Making a difference – every day!

CCRES Human Resources (HR) Administrative Team

We're here for you!

CCRES: 484.593.5040

Monday-Friday | 8:00am - 4:30pm

hr@ccres.org

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CCRES MILESTONE RECIPIENTS

5-Years of Service

George B.	Kathryn L.
Maureen B.	Alyssa M.
Debora B-D.	Dorothy M.
Valerie B.	Sloane M.
Keara C.	Priscilla N.
Lauren D.	Marie O.
Cheryl F.	Taylyn P.
Diane F.	Megan R.
Kathleen F.	Alexis S.
Rick G.	Christopher S.
Shae G.	J'Aime S.
Debra H.	Trietia S.
Jane H.	Brenda T.
Kimberly H.	Henrietta T.
Heather K.	Je'La W.

10-Years of Service

Stephanie M.
Laurie S.

15-Years of Service

Kristin Y.



i "yam" so thankful
for you.

PASS ON OUR PERKS!

- ◆ Benefits for staff working 30+ paid hours per week! More information on our website!
- ◆ Staff working 20 hours eligible for supplemental benefits!
- ◆ We have collegiate partnerships with St. Joseph's, Capella, and Eastern Universities! More info on our website, under Staff Resources.
- ◆ Know someone that would be a great fit for CCRES? We have a referral bonus! Send us your PCA, BHT, DSP, or IA friends for a \$100 bonus! Send us your BSC, MHS, or MT friends for

a \$200 bonus! Keep an eye on your email for referral promos!

- ◆ Payroll raffles! Every pay week, we raffle off FIVE (5) \$20 gift cards to thank you for all of your hard work!

- ◆ 403B Retirement Plan: It is never too late to start planning for your future! Let CCRES help! More info under Staff Resources on our site.

- ◆ Our FREE Employee Assistance Program (EAP) offers confidential advice, support, and practical solutions to real-life issues: uprisehealth.com

- ◆ \$500 bonus for W2 employees at 5-year milestones. Thank you for sticking with us!



IN THE SPOTLIGHT!

ALYSSA M.

Congratulations on 5 years, Alyssa!

My name is Alyssa and I have been a part of the CCRES HR Administrative Support team for 5 years. I am primarily responsible for processing new employees and assisting staff with Worker’s Compensation. My job is very fulfilling and I feel extremely lucky to be a part of the amazing CCRES family!

I live in Birdsboro with my husband, Mike, our 1-year-old son, Mikey, and our two cats, Lexie and Lulu. I love cooking, dancing, and football Sundays with my family. Especially watching my son yell “GOOOO” when the Eagles score!



MERCY A.

Welcome Mercy, our newest HR Recruiter!



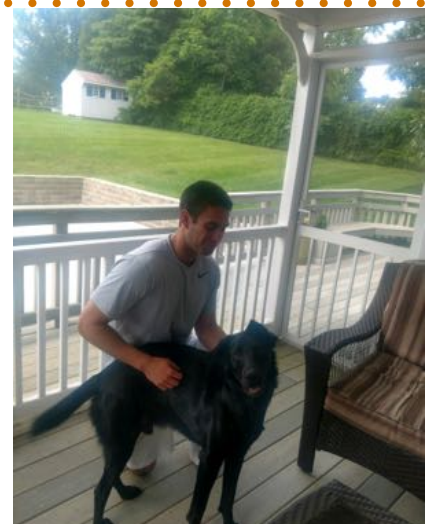
In the fall of 2018, I joined CCRES as a TSS (now called a BHT), and supported a student in the school, which I really enjoyed. I also supported the billing team of Home & Community Services in 2022. I joined the HR Recruitment team this September and I’m excited to grow and learn in this role.

When I'm not working, I spend time with my husband Sibi and our two children, Jonathan and Annabelle. They keep our calendars filled with new activities each season and it has been quite an adventure! We love to travel to new cities and states, and especially love being near the ocean.

PJ C.

My name is PJ and I have been an employee with CCRES since 2017. I’m currently an RBT working with middle school emotional support students at the Child Career Development Center. I look forward to working with the students and staff this school year.

In my free time, I enjoy playing sports such as baseball and basketball. I currently play in a men's basketball league and a men's softball league. I like being active, whether it's taking my dog Baker for a walk, working out at the gym, or going on hikes. I also enjoy spending time with my family and friends.



COMMUNITY CCRES!

CCRES Grant

One of the best parts of being a CCRES team member is being part of an organization that gives back. We love learning about all of the awesome grants CCRES give out to local organizations in our communities. In this issue of the CCRES Corner Quarterly Newsletter we are highlighting Camp Dreamcatcher!

Camp Dreamcatcher is an incredible organization that supports children affected by HIV/AIDS. This summer, a CCRES grant helped to fund a therapeutic camp for children aged 5-17, giving them an opportunity to have fun and just be kids!

The children who attend this camp may be coping with the HIV/AIDS infection of a family member, the death of one or both parents, or their own HIV/AIDS infection. The purpose of Camp Dreamcatcher is to provide children whose lives have been touched by HIV/AIDS with a chance to get away from home for a week and just have fun!

The children enjoy swimming, basketball, campfires, hiking, boating, arts/crafts, a carnival, scavenger hunts, horseback riding, an adventure challenge course, go-kart racing, miniature golfing and the much anticipated dance and Talent Show! The camp also offers the children a chance to express their feelings in a safe therapeutic environment. Professionals in the fields of psychotherapy, music/art therapy, yoga and massage facilitate individual and group experiences for the children. In all, over 260 counselors, medical staff and other professionals volunteer their expertise to make the camp an unforgettable experience for the children.

For more information on Camp Dreamcatcher, check out <https://campdreamcatcher.org>!



KINDNESS WITH KALEMJIAN

Spread Kindness Like Confetti Fall Activity

Materials Needed:

- Markers
- Colored Paper (fall colors)
- Scissors
- Fall leaves (fake or real)
- Tape

Directions:

1. Grab a packet of fake fall leaves to spread around like confetti around the doorstep of a friend or neighbor. As an alternative, you can make them out of construction paper.

2. Cut out a large leaf from construction paper and you or your child write the words "**let's spread kindness like confetti this fall**" on the leaf. Hang the large fall leaf onto a door or place in a gift bag.

3. Using the fall colored sheets of paper, create a fall leaf card by folding the paper in half and cutting out the outline of the leaf. Be careful to leave one side of the leaf uncut so that it can become the fold of the card.

4. Think about ways that you or your child can interact with

individuals in a positive way, either online or in print. Take a moment to brainstorm ideas for your acts of kindness. Here are some ideas!:

- Write a kind note to someone special through a text message or email, or leave one on their doorstep.
- Write a thank you note to a teacher, doctor, or coach.
- Read a story to a younger sibling.
- Make a bookmark from fall leaves.
- Create a list of things to love you or they love about someone.
- Make a turkey thumbprint note to give to a friend or loved one.
- Leave a kind message on the mirror.



READING WITH ROSEN

DIY BOOKMARKS

With summer behind us and the school year in full swing, we are all busy, busy, busy. Some days you may have a few hours to curl up a good book. Others, you may have mere minutes to try to catch up with a plot that's grabbed your attention. No matter how much or how little time you have to delve into the world of your latest book, chances are you'll need a place holder. How many times have you marked your spot in a book only to have the bookmark slide out of place? Then you're left skimming pages to locate where you last the characters while trying to avoid accidentally reading pages ahead to avoid spoilers!

own (or your child's) art skills or choose scrapbooking paper with a favorite theme or design. Add your own flair using a hole punch and some ribbon or any other craft supplies of your choice. Simply cut cardstock, craft foam, or any sturdy paper into a strip twice the length you want your bookmark to be, then decorate one side. Fold the strip in half, then glue or use peel and stick magnets to each end of the undecorated side. Get creative and instead of strips, experiment by cutting different shapes. To use, place the page you want to save between the two magnets and voila! Your bookmark will stay put!



To avoid these bookmark bungles, try making your own magnetic bookmarks! Simple, inexpensive, and great for gifting! You can personalize by using your



This fall, I hope you enjoy many chapters and never lose your place!

TIPS WITH THUY

Thanksgiving Holiday SAFETY TIPS

- Clean & disinfect frequently touched areas.
- Stay near the kitchen when you are cooking.
- Keep electric cords, knives, and hot pots & pans away from children.
- Have a first aid kit & a fire extinguisher near cooking areas.
- Make sure all candles and fireplaces are fully extinguished.



TIPS FOR SAFE FALL DRIVING

Every year thousands of people are injured and hundreds of people are killed due to daylight savings time changes and the change of seasons.

Autumn means we need to be more careful as drivers.



1 WEATHER

Sudden changes in temperature, rain, snow and fog all make for hazardous driving. Be aware of the weather - know before you go.



2 SUNRISE & SUNSET

Daylight Savings Time means the sun on the morning drive might be right in your eyes. The sun goes down early now, so it gets dark a lot sooner! HEADLIGHTS!

3 CHILDREN & ANIMALS



Children are back to school and animals are busy preparing for winter. Look out for them. Slow down, keep an eye out, and be nice.

4 LEAVES



Leaves on the ground can be slippery and dangerous. Careful when driving on leaf-covered roads, whether it's raining or not. Clear leaves off your car before driving, just like snow.

Stay safe
YOU ARE GOOD TO GO!

How to Carve A PUMPKIN

STEP ONE



Choose a large pumpkin with a sturdy stem and flat base.

STEP TWO



Create a lid by cutting at a 45° angle in a zig zag pattern.

STEP THREE



Scoop out insides.

STEP FOUR



Trace design using a dry erase marker.

STEP FIVE



Make slow and gentle cuts that are straight up and down and not at an angle.

STEP SIX



Add a tea light!

PRO TIP: You can preserve your pumpkin to make it last longer by spraying or soaking it in bleach or even cold water.

KERRI'S KITCHEN

Pumpkin Cream Cheese Muffins

Ingredients:

Muffins:

- 1 1/2 c. all purpose flour
- 3/4 c. granulated sugar
- 1 tsp baking powder
- 1 tsp baking soda
- 1 tsp pumpkin pie spice
- 1/4 tsp salt
- 1 1/2 c. pumpkin puree
- 1 egg
- 1/4 c. melted butter
- 1 tsp vanilla extract

Filling:

- 4 oz cream cheese, room temperature
- 2 tbsp granulated sugar
- 1 tsp all-purpose flour
- 1 tsp milk
- 1 tsp vanilla extract

Instructions:

1. Preheat oven to 350.
2. For muffins, add flour, sugar, baking powder, baking soda, pumpkin pie spice, and salt to a large bowl. Mix until combined. Set aside.
3. In another bowl, whisk together pumpkin puree, egg, melted butter (cooled), and vanilla extract until combined. Then, add wet ingredients to dry ingredients. Mix using a rubber spatula or wooden spoon until just combined. Don't overmix.
4. Grease the muffin tin with non-stick cooking spray or line with paper liners. Scoop the batter into the prepared muffin tin. Fill each liner about 3/4 full. Set aside.
5. Prepare the cream cheese filling. In a bowl, whisk together softened cream cheese, granulated sugar, flour, milk, and vanilla extract until combined. Then, transfer the cream cheese filling to the piping bag. Fill each muffin with the cream cheese filling: dip the cut tip of the pastry bag into the center of the batter and slowly add the filling and lift the pastry bag to the top of the muffin. You need to add about 1 tbsp of cream cheese filling to each pumpkin muffin.
6. Bake in the preheated oven for 15–20 minutes, or until ready. Check the readiness of the muffins using a toothpick inserted in the part without filling. If it comes out clean, they're done. Remove the tin from the oven and allow them to cool. Then, remove from tin.



KRACKIN' P WITH KATHY



1. With a pumpkin patch!

2. Because they have no body to dance with!

3. "Straw"berries!

This is the only month my housework is appreciated.



ACTIVITIES WITH AMANDA

WHAT'S HAPPENING IN YOUR NEIGHBORHOOD?

CHESTER COUNTY

Great Pumpkin Carve

Over 70 giant pumpkins are being carved by local artists on Thursday and will be lit and displayed on Friday & Saturday. On all three nights you can enjoy a "kid friendly" Haunted Trail, raffle prizes, and live music from "Kenny & Friends". Food, local craft beer, and wine are also available for purchase.



When: 10/20 4p-9p, 10/21 4p-9p, & 10/22 3p-9p

Where: Chadd's Ford Historical Society
1736 Creek Road | Chadds Ford, PA 19317

LANCASTER COUNTY

Jason's Woods

Get ready to be scared at PA's #1 haunted attraction and hayride! Choose from 5 different experiences sure to send shivers down your spine: Horrifying Hayride, Zombie Apocalypse, Lost in Jason's Woods, Chamber of Horrors, and Carnival of Fear!

When: Friday/Saturday/Sunday 7p-10p

Where: 179 Stehman Rd | Lancaster, PA 17603



BUCKS COUNTY

Scarecrow Village

One hundred scarecrows line the pathways of Peddler's Village. Some are inspired by famous characters, some are humorous, and some are scary but all are carefully crafted by Philadelphia-area residents and organizations.

When: September 5th - October 31st

Where: Peddler's Village
2400 Street Rd | New Hope, PA



CONNOR'S CRAFT CORNER

Wine Cork Pumpkins

Supplies:

- Wine corks
- Orange & brown paint
- Foam/paint brush
- Knife
- Scissors
- Marker
- Green felt
- Twine
- Glue/hot glue gun



Instructions:

1. Paint the ends of all but one of the wine corks orange. Cut about 1/3 off the unpainted wine cork and paint the top of it brown.
2. After the paint has dried, divide the corks into rows. You should have 2 rows of 4 corks, 2 rows of 5 corks, and 1 row of 6 corks. Glue each row together.
3. Let the corks dry, stack them up in the shape of a pumpkin, and glue them together. Glue the brown cork to the top.
4. Cut leaves out of green felt and use a marker to draw veins on them. Lacking inspiration? Find leaf patterns online and trace them! Arrange the leaves on top of the wine cork pumpkin and glue them on to the cork.
5. Tie your ribbon or twine around the top and curl it to look like pumpkin tendrils. Put a dab of glue on the back to keep it secured. Ta da!

Thankful Turkey



Thanksgiving is a celebration of sharing and abundance. Develop a tradition with your children to recognize what they are thankful for each year.

Create a "Thankful Turkey" and list what they are thankful for on the turkey's feathers.

Gratitude is believed to be one of the healthiest emotions that humans can practice. Being grateful is a kind gesture. Teach your children that gratitude goes beyond good manners, it can help them learn to have empathy for others, feel less stressed, stay positive, and overall feel happier!

Dear Staff,

Please accept our heartfelt thank you for all that you do to support our clients, each and every day. You inspire, teach, and bring hope to children and their families. You make a difference -- every day-- and we could not do this without you! Keep up the great work and keep changing lives. Wishing you and your families a warm and festive Autumn !

From All of Us



The CCRES Administrative Team,

Kerri White *Jaryn S Sutck* *A. Appell*
Jennifer King *Keana Cosgrave* *Sharon R. King*
Alyssa Mckelvie *Kathy Benigni* *Christi Lockwood*
Jean M. Salucci *Joe Vaillancourt* *Thuy Yancey*
Kimberly *Kara Davidson* *Kristen M. Rose*
Alessandra Kalemjian *Mary Connor* *Louise Liberatori*
Mary Alex

